

MYSTICAL DISCOVERY JOURNEY

# Peru & Bolivien 2017

24.07.17 bis 05.08.2017



## Cuzco – The navel of the world - the capital of Inka

Our journey will begin in Cuzco (Peru) the capital of the Incarceration.

The journey to Cuzco is organized by each participant individually and independently and is not included in the travel price. Since Cuzco is about 3.400 m high, many participants need about 2-3 days to adapt to this unusual height. In any case, we recommend that participants arrive in Cuzco a few days before the start of the trip, in order to acclimatize in peace.

Beginning on July 24, 2017, at 10:00 am on the main square (Plaza de Armas) next to the main cathedral in Cuzco.



## Shamanic companions

On our whole journey, we are accompanied by a local Paqo (shaman), who performs with us special ceremonies in the sacred places of Peru / Bolivia. Furthermore, a Peruvian translator is part of our team who translates all the ceremonies from the Andean language "Quechua" into English for us.



## Travel program

*day 1 - 24.07.17*

### *Ollantaytambo – Opening Ceremony in Sacred Valley*

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From Cuzco we drive to Ollantaytambo, where we begin our journey with a visit to the very well-preserved Inca fortress, which sits at 2,750 m above the village of Ollantaytambo. After a further ascent, we reach the Temple of the Wind and perform a joint opening ceremony for our journey. In the late afternoon we travel by train to Aguas Caliente, also known as Machu Picchu village. It lies at the foot of the ruins of the Machu Picchu city deep in the jungle.



*Overnight in the hotel in Aguas Caliente incl. breakfast*

*day 2 - 25.07.17*

### *Machu Picchu – sunrise meditation*

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Very early we take the bus to the city of Machu Picchu. We have the possibility to enjoy the sunrise and to perform our own meditation. After the meditation we will walk to the so-called Sonnentor "Intipunku", here all Inka Trails end. We will spend the whole day in this magical Inca city, the middle of the jungle is built at about 2430 m. In the evening we will take the train from Aguas Caliente to Ollantaytambo and stay overnight in a hotel.





## Travel program



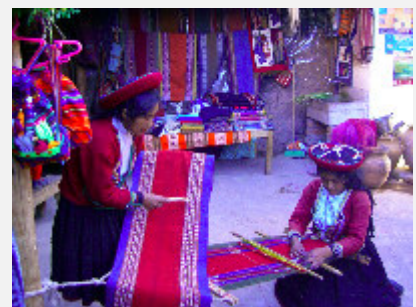
*Overnight in the hotel in **Ollantaytambo** incl. breakfast*

**Day 3 - 26.07.17**

***Chincero – The place where the earth touches the heavens***

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Chincero is a typical Andean village at approx. 3.800 m with a wonderful view over the imposant "Apus" (mountains). The place is known world-wide for its traditional web art and the special Inka buildings. Chincero also has enormous stones that are still revered as "Huakas" (power places) today. Here we have the possibility to recharge ourselves or our "mesas" (medicine bags) energetically and feel the power of the place.



*Overnight in the Hotel in **Pisac** incl. breakfast*

## Travel program

*Day 4 - 27.07.17*

### *Moray – The gigantic circles of Mother Earth*

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Moray is a mystical place, no one knows how it came about. In the center of the gigantic circles, we will join and rooted in a "Pachamama" (Mother Earth) ceremony with the dear Mother Earth. Here, the pulsating heartbeat with all senses is deeply felt in the body.



*Overnight in the Hotel in Písaq incl. breakfast*

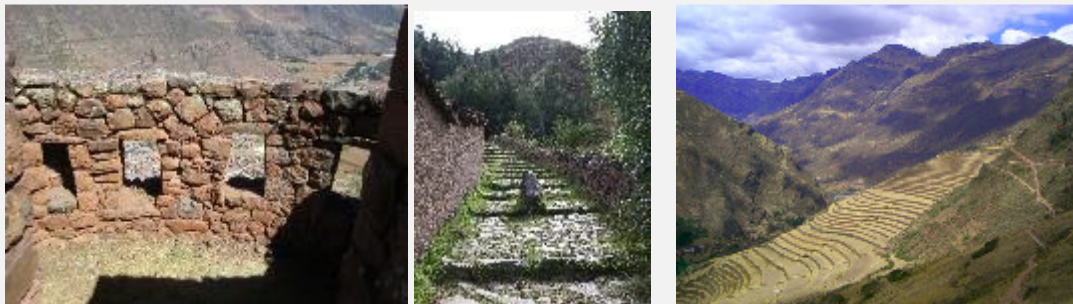
*day 5 - 28.7.17*

### *Písaq - Temple of the falcon with miner's ceremony*

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During our two-hour climb to the temple of the falcon, we reach the magical place "Intihuana" on the way, according to mythology "the sun is tied". From here we have a wonderful view over the Urubamba valley as well as the mountain village Písaq. Arrived at the temple of the falcon, a ceremony is held in honor of the impressive "Apus" (mountains).

Back in Písa there is the possibility to explore the diversity of the Peruvian textiles and web art in the famous market and to go "first shopping" for the home.



*Overnight in the Hotel in Písaq incl. breakfast*



## Travel program

day 6 - 29.7.17

### *Pachatusan – the protection mountains of the „Paqos“*

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Today we reach the peak of our journey in the "Sacred Valley" of the Incas. On Pachatusan, the imposing protection mountain of the "Paqos" (shamans), we are introduced with the help of our shaman into the art of the "Despacho ceremony" and spend the night at 4,500 m in the tent under the Peruvian starry sky. Dinner and breakfast are included in the price. Here we are so close to heaven.



Overnight at approx. 4.500m in tent on **Pachatusan** incl. Breakfast

## Travel program

*day 7 - 30.07.17*

### *Andean crossing to Lake Titicaca (the Andean Ocean)*

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After breakfast, we leave the sacred Valley of the Incas and cross the Andes to about 5,300 m above sea level. Arriving at the mountain pass, we enjoy the majestic view and admire the handmade souvenirs of the locals. In the afternoon we reach our destination Puno (about 3,800m), the largest city at the foot of Lake Titicaca.



*Overnight in the hotel in Puno incl. breakfast*

*day 8 - 31.07.17*

### *Puno – The floating Uros Islands*

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The Lake Titicaca is glittering in full glory and we go by boat to the unique, floating Uros Islands. A local guide will give you an insight into the living conditions of the island inhabitants as well as the special construction techniques of the islands. The language of the locals is here Aymara.



Afterwards we cross the border from Peru to Bolivia in Casani and reach the pilgrimage town of Copacabana in the afternoon. Here we visit the basilica and ask to the Blessed Virgin of Copacabana.



## Travel program

In addition to the name "Kotakawana", the name "Kotakawana" is also considered a god of fertility in early mythologies. This is androgyn and lives with his female and male court ("Mermaids") in Lake Titicaca.



*Overnight in the hotel in Copacabana incl. breakfast*



## Travel program

Day 9 - 01.08.17

### *Isla del Sol – Ceremony for "Inti Taita" (Father Sun)*

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After breakfast we will go by boat to "Isla del Sol". According to Inka mythology, the god "Wiracocha" rose from the depths of the lake and created the world with the sun, the moon, the stars and the first human being. On the island, according to mythology, the first Inca king received his children. At a special ceremony, we will experience the special power of this island (sun = male part in us) and celebrate together with the forces of nature.



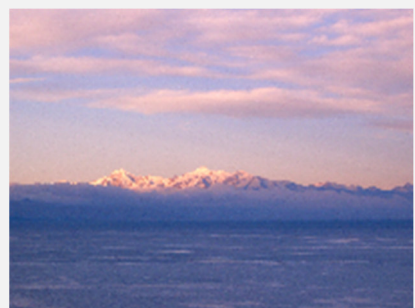
*overnight „traditional“ on Isla del Sol incl. breakfast*

Day 10 – 02.08.17

### *Isla de luna – Ceremony for "Quilla" (grandmother's moon)*

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Still in the dark, we go to the banks of the "Isla del Sol" to celebrate a sunrise ceremony with the first rays of the sun. For the Andean people, the sun is the source of all life and associated with special healing energies. Afterwards, we will have a big breakfast before heading to the "Isla de Luna" by boat. Here we encounter the "female force" in us and will hold a ceremony in honor of grandmother Moon. Afterwards we return to "Isla del Sol" and spend the last time on the mystical island.



*overnight „traditional“ on Isla del Sol incl. breakfast*

## Travel program

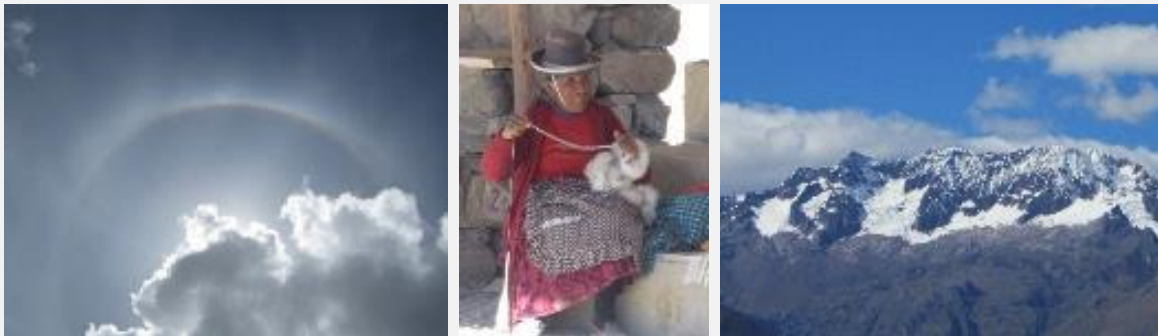
*Day 11 - 03.08.17*

*Isla del Sol – Copacabana – Puno - Cabanaconde*

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Immediately after breakfast, we take the boat back to Copacabana, cross the border from Bolivia to Peru and then continue by bus to Puno to Capanaconde. We will cross the passes and have a breathtaking view.

Inca and pre-Inca terraces are built in the mountains to use the fields at these altitudes agricultural. The local men and women wear their traditional, beautifully embroidered clothes and their distinctive hats that identify their villages.



*Overnigt in the hotel in Cabanaconde incl. breakfast*



## Travel program

*Day 12 - 04.08.17*

### *Colca Canyon - Arequipa*

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After breakfast we drive to the Colca Canyon, which is twice lower than the Grand Canyon. Here the fascinating condors of the Peruvian Andes, which can have a span of 10 meters, await us. With the shamanic invocation of the Condor, we reach the upper world, from there to recognize the great whole. We connect with a special ceremony with the energy of the place and the condor. Here also ends our mystic journey of discovery. Afterwards we will continue our journey to Arequipa. There we spend our last night together in a hotel and look forward to a dinner together (optional).



*Overnight in the hotel in **Arequipa** incl. breakfast*

## Travel program

*Day 13 - 05.08.17*

### *Arequipa – return flight*

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After a common breakfast (optional) in the hotel, you will be transferred to Arequipa Airport and you will be transferred to your home country via Lima.

Travel price:    2,800€ per person in double room  
                         3,200€ per person in single room

#### Included services

German-speaking travel guiding  
Shamanic accompaniment  
Translator from Quechua in English  
All shamanic rituals and ceremonies according to program  
All entrance fees according to program  
All transfers according to program  
11 nights in a double room including breakfast in very good hotels  
1 overnight stay in a tent incl. camping mattress and sleeping bag, incl. dinner and breakfast  
2 nights in a double room including breakfast in traditional houses

#### Not included services

Arrival and departure including international and national flights and airport transfers  
Extra night for early arrival or late return flight  
Lunch and dinner including drinks (estimate approx. EUR 12 for lunch and approx. EUR 20 for dinner)  
tips (It is common practice to give EUR 10 per day for the bus driver, assistants.)  
Personal extras  
Private healing sessions  
costs of medical needs, if any and vaccinations  
Health insurance  
Travel Cancellation Insurance  
Additional hotel night due to flight plan changes or other factors necessary  
Hotel accommodations are not transferable  
Airport fee in Lima on arrival flight and return flight